## 4 Hobbies

A hobby is an activity that you like doing in your free time. Hobbies are a form of recreation. If you have a hobby, it's easier to regain energy after a hard day's work. Many Hungarians spend their free time at home watching TV but there are some who do physical activities, like swimming, aerobics or hiking. Nowadays many young people spend much of their time playing computer games. Besides playing computer games, other indoor activities include collecting stamps, napkins or coins; doing needlework or pottery, dancing or playing a musical instrument while sailing, skiing, fishing, canoeing and gardening are outdoor hobbies. Some hobbies mostly loved by men are carving, fishing and doing woodwork while needlework is usually preferred by women. Some hobbies are universal such as gardening, cooking or taking photographs. There are hobbies you can do individually, like reading, fishing or painting and there are hobbies that you can practise in a group such as dancing, playing board games or card games. Some hobbies include making something new such as pottery, embroidery, woodwork, painting or sewing; others keep your mind active, like crossword puzzles, reading or playing an instrument.

As far as I know, the English like hobbies such as playing golf or cricket, going to horse races or pubs and elderly people like to play bingo. Americans usually go to baseball and basketball games, organise barbecues or watch TV while eating snacks.

Hobbies are fun to do and they help you to relax.

Sources: Bajnóczi Beatrix, Haavisto Kirsi: Kérdések és válaszok angol nyelvből. Maxim Kiadó, 2003.