

## **School sports in the UK**

In the UK all schoolchildren have to take PE (Physical Education). In primary school they have to do 75 minutes of PE a week, and in high school they have to do 90 minutes a week. The most widely available sports are football, cricket, rounders, dance, swimming, gymnastics and athletics. Usually, boys play football and cricket, girls do dance and gymnastics, and both boys and girls do athletics, swimming, and rounders. Schoolchildren can also do other sports such as golf, cycling, archery, tennis and canoeing in after-school clubs or at local sports clubs.

If you ask me to give my opinion on sports, I find rugby and snowboarding thrilling sports. Rugby is very exciting and it isn't expensive to play, but it can be dangerous. You can easily get hurt. Snowboarding is a more challenging sport, but it's very expensive. There is a lot of equipment to buy like a board, special clothes and goggles.

What does PE mean?

How many PE lessons do you have a week?

What sports can children do at your school?

Do you do any sports?